

## **AACS Presents**

### **LIVE SURGERY WORKSHOPS**

## **Liposuction, Fat Grafting and Abdominoplasty under Local Anesthesia (Limited Enrollment)**

**SEPTEMBER 18-19, 2009 (FRIDAY AND SATURDAY)**

Pelosi Medical Center  
350 Kennedy Boulevard  
Bayonne, New Jersey 07002  
201.858.1800  
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### **COURSE DIRECTOR**

Marco A. Pelosi II, MD

### **FACULTY**

Carlos Avellanet, MD  
Anthony N. Dardano, DO  
Antonio Garcia, MD  
Marco A. Pelosi II, MD  
Marco A. Pelosi III, MD  
Neil Sadick, MD  
Jose Luis Salas, MD

The purpose of this didactic, live surgical workshop is to provide cosmetic surgeons with an understanding of the current techniques of liposuction including traditional suction assisted liposuction, power liposuction, ultrasonic liposuction (Vaser), low level laser liposuction, laser lipolysis, Airbrush Liposculpturing and the recently introduced Body-Jet liposuction. The workshop also includes current techniques of autologous fat grafting, the introduction of the minimally invasive office lipoabdominoplasty procedure under local tumescent anesthesia and strategies to perform safe combined abdominoplasty and breast cosmetic surgery.

Topics will include: time-saving strategies for softening fat deposits prior to aspiration, high definition liposculpturing, management of large scars during liposuction, correction of unfavorable results using liposhifting/lipofilling, and the use of mesotherapy without needles. Autologous fat grafting technology and site specific fat transfer techniques will be covered. Attendees will learn about patient selection, pre-and post-operative care, skin tightening technologies, potential complications associated with the surgeries, and how to avoid them. Several live surgeries will be performed to demonstrate the procedures covered during the didactic portion of the course.

## **PRELIMINARY PROGRAM\***

**Friday**

**September 18, 2009**

- 7:30 am Continental Breakfast
- 8:00 am Introduction to safe office liposuction, fat grafting and abdominoplasty  
*Marco A. Pelosi III, MD*
- 8:10 am Patient selection and Pre-op workup. Markings for liposuction  
*Marco A. Pelosi III, MD*
- 8:25 am Anesthesia modalities for office liposuction, fat grafting and abdominoplasty: General Considerations. Office liposuction totally under tumescent anesthesia  
*Marco A. Pelosi III, MD*
- 8:55am Guidelines for safe liposuction. The aesthetic goals and endpoints in liposuction. Strategies to avoid complications and poor results.  
*Marco A. Pelosi III, MD*
- 9:15 am An objective intraoperative evaluation of the effectiveness and safety of current liposuction techniques: standard suction, manual and power assisted disruption, power assisted liposuction, VASER, low level laser liposuction, laser lipolysis, Airbrush Liposculpturing system and the Body-Jet liposuction.  
*Marco A. Pelosi II, MD*
- 9: 45 am Strategies for the management of large scars during liposuction  
*Marco A. Pelosi II, MD*
- 10:00 am COFFEE BREAK
- 10:30 am Improving unfavorable post liposuction results: Liposhifting and lipofilling techniques. Mesotherapy without needles  
*Marco A. Pelosi II, MD*
- 11:00 am The Pelosi-Avellanet minimally invasive office lipoabdominoplasty system  
*Marco A. Pelosi II, MD*
- 11:30 am The safety and effectiveness of combined abdominoplasty and cosmetic breast augmentation  
*Jose Luis Salas, MD*
- 12:00 pm Abdominoplasty and umbilical reconstructions: How I perform it.  
*Anthony N. Dardano Jr, DO*
- 12:30 pm LUNCH
- 2:00-6:00 pm Live Surgery
- Pelosi-Avellanet combined liposuction and abdominoplasty procedure under local anesthesia
  - Liposuction of the torso, back, and abdomen
  - Liposuction of the extremities
  - Laser lipolysis of chin, neck, and jowls
  - Breast liposuction
  - Standard suction liposuction, power assisted liposuction, VASER, LLLL, laser lipolysis and the Airbrush Liposculpturing
- Faculty: *Marco A. Pelosi II, MD, Marco A. Pelosi III, MD, Carlos Avellanet, MD, & Antonio Garcia, MD*
- 6:30 pm Round Table Discussion
- 7:00 pm COCKTAIL HOUR

## Saturday September 19, 2009

- 7:30 am Breakfast
- 8:00 am A comprehensive review of current skin tightening technologies  
*Neil S. Sadick, MD*
- 8:30 am Autologous fat transfer: The basics of autologous fat grafting. A clinical and financial comparison of autologous fat and other fillers.  
*Marco A. Pelosi III, MD*
- 8:50 am Demonstration of current autologous fat harvest techniques  
*Marco A. Pelosi II, MD*
- 9:20 am Buttock enhancement : Combined fat grafting and liposculpturing for buttock enhancement  
Marco A. Pelosi II, MD
- 9:35 am Breast augmentation with fat grafting: Standard and Brava vacuum assisted techniques  
*Marco A. Pelosi II, MD*
- 10:00 am COFFEE BREAK
- 10:15 am Indications for fat grafting and liposculpturing in cosmetic vaginal surgery.  
*Marco A. Pelosi II, MD*
- 10:45 am Site-specific fat transfer considerations:
  - Face - periorbital, lips, mid face, chin, and jowls
  - Hands
  - Legs and ankles
  - Skin depressions, scars. Use of wire scalpel and scar scissors
  - Phalloplasty*Marco A. Pelosi II, MD*
- 11:15 am High Definition Vaser Liposculpturing  
*Speaker to be announced*
- 11:30 am Laser Lipolysis  
*Marco A. Pelosi II, MD*
- 12:00 pm Liposculpturing and other cosmetic procedures in transsexuals  
Antonio Garcia, MD
- 12:30 pm LUNCH
- 1:00-5:00 pm Live surgery
  - Liposculpturing and fat grafting for buttock enhancement
  - Fat grafting of face: lips, mid face, jowls, chin, nasolabial folds, periorbital area
  - Labiaplasty with fat grafting
  - Breast augmentation with fat grafting
  - Hands rejuvenation with fat grafting
  - Correction of post lipo defects

Faculty: *Marco A. Pelosi II, MD, Marco A. Pelosi III, MD, Carlos Avellanet, MD, & Antonio Garcia, MD*
- 5:30 pm Round Table Discussion
- 6:00 pm Adjourn

## **Air Travel and Hotel Information**

Hobson Travel, AACCS's travel coordinator, can assist you with your air travel arrangements. You may contact Hobson Travel at 800-538-7464 or direct at 630-983-8000.

The Pelosi Medical Center is located 15 minutes from the Newark International Airport. Free shuttle transportation will be provided to those who stay at the Hyatt Regency Jersey City on the Hudson Hotel.

The hotel is located at 2 Exchange Place, Jersey City, New Jersey USA 07302. We have make arrangements for a discounted rate for the meeting (\$ 160/night). You must register by web: [www.jerseycity.hyatt.com](http://www.jerseycity.hyatt.com) Group/Corporate # 45411 or contact the hotel (201) 469-1234 FAX (201) 432-4991.

For those who are interested in visiting New York City, the hotel which is located on the Hudson River offers inexpensive transportation services to New York City.

*\* Course schedule subject to change*